



GlobalDentalRelief

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Cambodia / Burma Dental Project 2019 - 2020

Be part of a pioneer humanitarian project in the villages of northwest Cambodia. Working in partnership with HUSK and the Shinta Mani Foundation, we will set up a mobile dental clinic and provide first time dental care to needy children in a village outside Siem Reap in Northern Cambodia. Outside the clinic, volunteers have the chance to get to know the local village people and take in rural life in the countryside. Volunteers work in the clinic for 6 days. After the clinic, the journey continues with a six day excursion to Burma.

- Day 1** **Depart US.**
- Day 2** **Arrive Siem Reap.** On arrival you are met and transferred to your hotel. Overnight in Siem Reap.
- Day 3** **Siem Reap.** Morning village tour. Lunch. Afternoon project briefing. Overnight in Siem Reap. (Breakfast/Lunch/-)
- Day 4-7** **Siem Reap.** Working in the clinic. Overnight in Siem Reap. (B/L/-)
- Day 8** **Siem Reap.** Magnificent sunrise temple tour, followed by morning sightseeing of Ta Prohm and Angkor Thom, Bayon and the Terrace of Lepers. Overnight in Siem Reap. (B/-/-)
- Day 9-10** **Siem Reap.** Working in the clinic. Overnight in Siem Reap. (B/L/-)
- Day 11** **Siem Reap - Yangon.** Depart this morning for your flight to Yangon. You will transfer through Bangkok in order to reach Yangon, and will be with GDR trip leader – Bic Aki during this transfer. Arrive Yangon in the late afternoon. After checking in to your hotel, you will head out with the group to enjoy a traditional Burmese dinner with your fellow volunteers. Overnight in Yangon. (B/-/D)
- Day 12** **Yangon.** Enjoy a full day of sightseeing in Yangon. Return to the hotel in the late afternoon. The balance of the day is at leisure. Overnight in Yangon. (B/L/-)
- Day 13** **Yangon-Bagan.** Early morning transfer to the airport for your flight to Bagan. On arrival you are met and taken directly to start sightseeing. If possible (if

the rooms are ready) we'll stop at the hotel so you can freshen up. This is a very full day, visiting some of the most famous of the 2500 temples in Bagan. This evening enjoy a sunset tour of the famous temples of Bagan, followed by dinner. Overnight in Bagan. (B/L/D)

- Day 14** **Bagan.** Morning tour of Bagan. This afternoon your guide will be available to take you shopping, or stay at the hotel and relax. Overnight in Bagan. (B/L/-)
- Day 15** **Bagan-Mandalay.** Early morning sunrise tour of the temples. Return to the hotel for breakfast – if time permits before your flight to Mandalay. On arrival you will proceed to your hotel to check in. Lunch on your own. Then reconvene for an afternoon of sightseeing around Mandalay. Overnight in Mandalay. (B)
- Day 16** **Mandalay.** Enjoy a morning of sightseeing around this enchanted town. Return to the hotel in time for a late lunch. The afternoon is at leisure. Meet back up with the group tonight for our last dinner together. Overnight in Mandalay. (B/-/D)
- Day 17** **End Mandalay.** Transfer to the airport for your flight back to the US. (B)

Project Cost:

The cost for participation in the clinic portion of this project is **\$2,355** per person, based on double occupancy (for single room rates, please contact our office). The fee includes: 2 meals per day during the clinic and while sightseeing in Cambodia, other days, breakfast only; 4- star hotel; all transfers, sightseeing, full day elephant excursion and temple entrance fees in Siem Reap.

The cost for the Burma extension is **\$2,050**. Includes 6 nights accommodation in a 4-star hotel, all transfers, one-way flight from Siem Reap to Yangon, sightseeing and entrance fees. Single supplement available and may be required based on group number and breakdown.

Global Dental Relief can help arrange your international airfare. Round-trip flights from the US to Cambodia range from \$1,200 – \$1,600.

GDR is a 501(C)3 charitable organization. A percentage of the clinic cost is tax deductible.