



Kenya – Kikuyu Dental Project 2019 - 2020

Global Dental is excited to work in partnership with the Kikuyu Hospital Dental Clinic, located in the Karen Hills outside of Nairobi, Kenya. We will be working at a fully equipped clinic built in 2006. Following each five day clinic, volunteers may choose to participate in a four day safari in the renowned Masai Mara National Park.

Itinerary (GDR Original Trip):

- Day 1 **Depart the US**
- Day 2 **Arrive Nairobi-Kikuyu.** On arrival you will be met by a guide and transferred to the Kikuyu Hospital compound where we stay in a guesthouse for the week. (-/-/-)
- Day 3 **Kikuyu.** Enjoy morning sightseeing in the Karen Hills, including a visit to an animal orphanage. After lunch return to Kikuyu and have an afternoon project briefing. Overnight in guesthouse. (B/L/D)
- Day 4-5 **Kikuyu.** Working in the clinic. Overnight in guesthouse. (B/L/-)
- Day 6 **Kikuyu.** Depart this morning for a sightseeing excursion to Nairobi National Park. Enjoy lunch in Karen. Return to Kikuyu late in the afternoon. Evening at leisure. (B/L/D)
- Day 7-9 **Kikuyu.** Working in the clinic. Overnight in guesthouse. (B/L/-)
- Day 10 **Kikuyu-Masai Mara.** Depart this morning for Masai Mara Game Park (6 hr drive). On arrival, you will be transferred to your tented camp. Enjoy a late afternoon game drive. Overnight in the park in a semi-permanent tented camp. (B/L/D)
- Day 11 **Masai Mara.** Enjoy a full day of activities in the park, including sunrise and sunset safaris. The Masai Mara is famous for its diverse wildlife, including zebra, giraffe, big cats, etc. Overnight in the park in a semi-permanent tented camp. (B/L/D)
- Day 12 **Masai Mara.** Enjoy another full day of activities in the park – including sunrise and sunset safaris. Overnight in the park in a semi-permanent tented camp. (B/L/D)
- Day 13 **Masai Mara-Nairobi.** Depart for Nairobi after one last sunrise safari. Arrive Nairobi in the early afternoon where volunteers will have a day room at a local guesthouse. Evening transfer to airport for departing flight.
- Day 14 **Arrive the US**

Project Cost:

The cost for participation in this project is **\$2,725 per person**, based on double occupancy (*call our office for single room rates*). The fee includes: most meals during the clinic and all meals during the safari in Masai Mara National Park., other days, breakfast only; guesthouse accommodation during clinic and semi-permanent luxury tented camp during safari; all ground transportation, transfers, and sightseeing as listed.

Additional Cost: The Kenyan Government requires that all dentists obtain a temporary Kenyan dental license in order to work in the clinic. There is a separate fee of \$200 USD per dentist for this license. Global Dental will do the paperwork to obtain the license on your behalf – the dentist will be responsible to pay the fee associated with the license.

Options to Itinerary

You can come and volunteer in the clinic only, without sightseeing. The cost for participation in the clinic only is **\$1680 per person**, based on double occupancy (*call for single room rate*). The fee includes: most meals during the clinic; guesthouse accommodations in the Kikuyu compound for 8 nts / 9 days; one day game drive in Nairobi National Park on the day off from the clinic. Transfers to/from the airport and guesthouse in the Kikuyu hospital compound; evening transfers to Karen for group outings.

We are happy to help you arrange your international airfare to the project site and/or direct you to a travel agent that can assist you. *Flights from the US to Kenya range from \$1400-\$1800 USD.

GDR is a 501(c)3 charitable organization. A percentage of the project cost is tax deductible.

2019 – 2020 Departure Dates

June 28 - July 12, 2019

July 9 - 23, 2019

July 24 - Aug 6, 2020

August 4 - 17, 2020

“The work that Global Dental Relief does really changes the lives of young people in need, and I look forward to continuing this work in the coming years.” – Katie, college student, GDR volunteer