



Nepal / Chitwan Jungle Dental Project 2019 - 2020

Put your profession and heart to work in Nepal by taking part in a one-week dental clinic in the Kathmandu Valley. The clinic will be set up in Kathmandu at Shree Mangal Dvip Boarding School, founded to meet the needs of children from the remote Himalayas where there are no schools.

We will provide dental care to children from several schools and orphanages in the Kathmandu Valley who would otherwise not have the opportunity or resources to receive dental care. The total program will last 16 days, which includes: travel time to Nepal, sightseeing in Kathmandu, 6 days working in the dental clinic and sightseeing /jungle safari in Chitwan Jungle at the end of the clinic.

Itinerary (GDR Original Trip):

- Day 1 Depart the US.
- Day 2 In transit to Kathmandu.
- Day 3 **Kathmandu.** Upon arrival in Kathmandu a representative will meet you at the airport and you will be transferred to your hotel.
- Day 4 **Kathmandu.** Half day sightseeing in Kathmandu. Afternoon visit to the clinic site and project briefing of where you will be working for the next 6 days. Overnight in Kathmandu. (B)
- Day 5-7 **Kathmandu.** Work in the mobile dental clinic. Overnight in Kathmandu (B/L).
- Day 8 **Kathmandu.** Day off from clinic to rest. Half day sightseeing of Bhaktapur. Overnight in Kathmandu. (B)
- Day 9-11 **Kathmandu.** Work in the mobile dental clinic in Kathmandu. (B/L) **On Day 11 we will have a farewell thank you dinner for all of our volunteers.**
- Day 12 **Kathmandu-Baratpur – Chitwan.** Morning flight to Baratpur and continue overland to Tiger Tops in Chitwan National Park. On arrival enjoy lunch and a variety of safari activities including a sunset jungle safari. Overnight in Chitwan Jungle. (B/L/D)
- Day 13 **Chitwan Jungle.** Full day of jungle activities including a sunrise and sunset jungle safari, educational class on Elephants, nature walks and Elephant bathing. We are staying at an elephant sanctuary – at no time do we ride elephants or participate in other activities detrimental to their well-being. Overnight in Chitwan Jungle. (B/L/D)

- Day 14 **Chitwan Jungle – Baratpur – Kathmandu.** After breakfast and sunrise safari, depart the national park and board your flight back to Kathmandu. Arrive in Kathmandu in the early afternoon. The balance of the day is at leisure to shop or relax! Overnight in Kathmandu at The Radisson. (B/L/-)
- Day 15 **End Kathmandu.** Transfer to the airport for your international flight home. Arrive home on day 16.

Project Cost

The cost for participation in this project is **\$2,280 per person** – based on double occupancy (***call our office for single room rates***). The fee includes: 2 meals per day during the clinic and all meals during Chitwan jungle safari, other days, breakfast only; 2n star hotels, flights within Nepal, transfers, and sightseeing in Nepal.

Options to Itinerary

You can come and volunteer in the clinic only, without sightseeing. The cost for participation in the clinic only is **\$1,350 per person**, based on double occupancy (***call for single room rate***). The fee includes: 2 meals per day; 2n star hotels in Kathmandu for 9 nts/10 days; daily transportation to/from the clinic site. Transfers to/from the airport and hotel in Kathmandu.

We are happy to help you arrange your international airfare to the project site and/or direct you to a travel agent that can assist you.

GDR is a 501(c)3 charitable organization. A percentage of the project cost is tax deductible.

2019 - 2020 Departure Dates

(Departure/return dates correspond with day 1 and 16 on the itinerary)

November 9 - 24, 2019

November 19 - December 4, 2020

“I’ll never forget the looks on the faces of the children we treated. I have never felt more appreciated than I did while working in the clinic. I am truly thankful to have had the chance to be a part of such an amazing organization. Thank you GDR!” – Devon, DDS